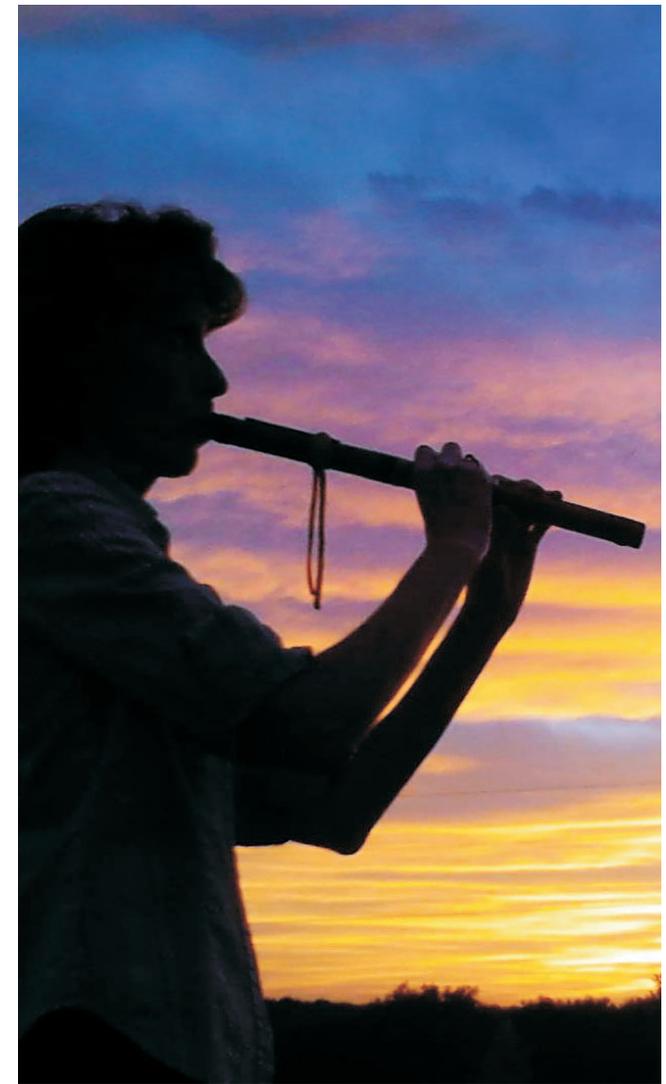


Want to learn more about Native American flutes?

- ❖ Join a local flute circle
[www.WorldFlutes.org/
flute_circles_clubs_and_groups](http://www.WorldFlutes.org/flute_circles_clubs_and_groups)
- ❖ On the web:
www.Flutopedia.com
www.FluteTree.com
- ❖ National organizations:
www.RNAFF.org
www.WorldFluteSociety.org
- ❖ Attend a Native Flute School
- ❖ Visit a local flute festival



***Join us at our next
Flute Circle!***



***Native American Style
Flute Circle***

What is a Flute Circle?

A small group of folks – young and old – who gather to enjoy sharing the dulcet music of the Native American Style Flute.

We have a facilitator who guides the music-making. Instruction is offered, as needed, along with activities centered on musicality, history, and world music.



Never Played an Instrument?

No problem! Many of our folks have never played a musical instrument, and most do not even read music.

If you have a musical background, **great**, but ***no music experience is necessary*** to play the Native American Style Flute.

Have Health Issues?

The Native American Style Flute is often used in music therapy settings and has been shown to improve a key heart measure and resilience to stress. People with asthma, COPD, and PTSD report significant improvement, and playing may be useful for arthritis and fighting depression.

In general, community music gatherings have been shown to increase the production of cancer-fighting cells.

Why is this flute so easy to play?

We take a "***No Rules***" approach to this instrument. This philosophy of improvisation and ***play from the heart*** frees us from music theory and rote exercises. For beginners, we offer some guidelines to get you started and basic song forms for creating melodies and playing flute duets.

The contemporary Native American Style Flute uses a set of five notes that all sound consonant to our ear. Any combination of these notes, in any order, produces a pleasing melody. This makes it an ideal instrument for meditation – both for the listener and for the player.

You can easily learn the basics of playing in about 15 minutes (***really!***) and be playing your own songs within an hour. Where you decide to take your music after that is up to you!



Where did the instrument come from?

The contemporary Native American Style Flute appeared on the scene in the early 1800s. Although it was created by indigenous North American cultures, the early evolution of the instrument is still a mystery.

The instrument spread quickly across North American cultures, made in many style and materials including river cane and a wide range of soft and hard woods.

Today's contemporary Native American Style flutes are made by thousands of individual craftspeople, with a huge range of designs and sounds. This has led to a resurgence of interest in the instrument and has helped it to attain the popularity it has today.

This brochure was developed by Deb Almy and Dave McCullen of the Riverwind Flute Circle (Leesburg, FL). Produced by Clint Goss. Copies of this brochure are freely available on Flutopedia at: http://www.Flutopedia.com/flute_circle_brochure.htm
Cover photo courtesy of Myron Leggett Studios.

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